

**Do you suffer
with osteoarthritis
of the knee?**

We have a clinically
proven solution for you



What is OA of the Knee?

Osteoarthritis of the knee is a degenerative condition that results in the degradation of cartilage within the knee joint, causing painful bone-on-bone contact, compromising mobility and making the simplest tasks, such as getting out of a chair, difficult. It can also keep you awake at night.

While there's no cure, early diagnosis is essential in being able to provide the right treatment to delay or offset the need for partial or full knee replacement surgery.

1 Osteoarthritis
2 _____
3 _____
4 _____
5 _____

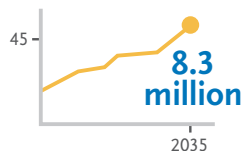
Osteoarthritis ranks in the **TOP 5** causes of disability²



1 IN 2 PEOPLE will get osteoarthritis in their lifetime¹



Number of people in the UK who seek treatment for osteoarthritis¹



Number of people aged 45+ who could have knee OA by 2035¹

What is the Unloader and how does it work?

The Unloader One by Össur is clinically proven* to reduce pain and improve function. It works by shifting the pain away from the affected side of the knee to the less affected side, reducing bone on bone contact.



Decreased pain



Improved function



Improves quality of life



UNLOADER ONE® X

The Unloader One X builds on more than 18 years of patient and practitioner experience and is designed with ease of use and effortless wear in mind.

Arthritic knee

With Unloader One X bracing

Unloaded knee



*For all Unloader One clinical studies and research please visit www.ossur.co.uk/oasolutions/research.

A Solution for You!

*As published in
the British
Medical Journal³*

For some patients, the Unloader One can mean surgery is no longer a priority as mobility is increased and pain is reduced. For others, the brace is used as an interim solution, postponing the need for surgery** until you feel prepared for the procedure.

**Unloading knee brace is a cost-effective method to bridge and delay surgery in unicompartmental knee arthritis.³

Patients that have used the brace have found it to be:

- Lightweight, comfortable & easy-to-use
- Stylish and low profile, it can be worn under normal clothes
- Easily adaptable to individual needs and body shape
- Beneficial when doing activities and exercise
- Convenient – user can control pain level by fine-tuning the strap tension
- Easy to care for - the entire brace is machine washable

How to get an Unloader One

The Unloader One brace is available through AXA Health insurance and depending on where you live is sometimes available on the NHS. If this is not an option, you are able to privately purchase the brace through one of our private clinics within the UK.

You can contact us to start the referral process on **03450 065 065** or send an email to ukinfo@ossur.com. You will then be able to discuss your options with one of our customer care representatives.

We offer a **30 day money back guarantee** on all Unloader One knee braces.



AXA Health now funds the Unloader One for any condition requiring off-loading of the knee.

The Unloader Moment

The Unloader Moment is the instant reaction and benefit some patients feel from the Unloader One knee brace the first time they put it on. Patients speak of their joy at the immediate reduction in pain and feeling of increased stability.

Scan the QR code
to see the Unloader
Moment in action.



What do our users say?



"It was a real shock how immediate it was... my leg is stable instead of me being nervous about moving it."



"Suddenly I can stand properly, the pain is just not there. I'm standing upright. It's taken years off."



"I feel so much more confident going up the stairs and especially coming down. I can already feel the difference."



"With the brace helping me to maintain my sporting activities, I see it as an important mental health intervention as much as a physical support."



"In our gait studies there is enough evidence to show that the brace changes the knee adduction moment. Therefore gait improves and increases the confidence of the patient."

Amit Chandratreya, Specialist in Knee Surgery, Brace Before Replace? Conservative OA Management Webinar, June 2020

Please visit

www.ossur.com/en-gb/bracing-and-supports/unloader

for further details about the Unloader One X Knee Brace.

References

¹ Arthritis Research UK. Osteoarthritis in General Practise/ Data and Perspectives. 2013 ² Arthritis Foundation. Arthritis by the Numbers/ Book of Trusted Facts & Figures. 2018; v2; 4100.17.10445 ³ Lee PY, Winfield TG, Harris SR, et al Unloading knee brace is a cost-effective method to bridge and delay surgery in unicompartmental knee arthritis BMJ Open Sport & Exercise Medicine 2017;2:e000195. doi: 10.1136/bmjsem-2016-000195.

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